JUNE

2023

# **4-H Newsletter**

Wild West District #18

Office Hours 9:00 am - 5:00 pm Closed over Lunch 12:00 - 1:00 pm

#### **Haskell Office**

(620) 675-2261

503 S. Fairgrounds Rd. Sublette, KS 67877

### **Seward Office**

(620) 675-5604

1081 Stadium Rd.

Liberal, KS 67901

### **Stevens Office**

(620) 544-4359

114 E. 5th St.

Hugoton, KS 67951

# **Meet the Staff**

Kristin Penner: Director	pennerkr@ksu.edu
Judy Parsons: 4-H Youth Development	<u>judy78@ksu.edu</u>
Bev Schnellbacher: Haskell OP	<u>bschnel@ksu.edu</u>
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Ashley Wettstein: Seward OP	<u>alwettst@ksu.edu</u>
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<b>Evelyn Moran:</b> Stevens OP	<u>morane@ksu.edu</u>

Connect Online
<a href="https://www.wildwest.ksu.edu">www.wildwest.ksu.edu</a>
Find us on Facebook @ Wild West District









Kansas State University Agricultural Experiment Station and Cooperative Extension Service K-State Research and Extension is an equal opportunity provider and employer.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		se		Horse ID Due Rabbit ID Due Stevens Co. Archery		3
4	5	6	7	8	9	10
	Haskell Co. 4-H Council		DISCO	VERY	DAYS	
	Stevens Co. Painting Lines	Stevens Co. 7-8 Foods		Haskell Co. Horse Project		SW Area Horse Show
11	12	13	14 CAMP LA	<b>15</b> KESIDE	16 INSECT SPI	<b>17</b>
Stevens Co. Photography	Stevens Co. Archery	Stevens Co. Archery		Haskell Co. Rabbits	Creative	Haskell Co. Horse Project Seward Co. Barn Dance
18	19	20	21	22	23	24
Seward Co. Foods		Stevens Co. Swine Meeting	Horse Worknights Stevens Co.			SuperStar Livestock Show
25	26	27	28	29	30	
Seward Co. Foods	Cloverbuds Cosmic Camp	Stevens Co. 7-8 Foods		Stevens Co. Plant Science		

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		Jul	7			<b>1</b> Stevens Co. Fair Pre-Entry Deadline
2	3	4	5	6	7	8
			Horse Worknights Stevens Co.	Chopped Contest	Stevens Co. Shotgun	
9	10	11	12	13	14	15
Stevens Co. Photography		Stevens Co. Rabbit	Horse Worknights Stevens Co.	Stevens Co. Shotgun		
16	17	18	19 Haskell Co.	20	21	22
	Seward Co. 4-H Council		Style Revue Horse Worknights Stevens Co.	Stevens Co. Fashion Revue Haskell Co. Rabbits		
23	24	25	26	27	28	29
←	HASK	ELL C	UNTY	FAIR	WEEK	<b>→</b>
<b>←</b>	STEVI	ENS CO	UNTY	FAIR	WEEK	$\rightarrow$
30	31					

# **DISTRICT**

#### STATE FAIR NOMINATION DEADLINES

FAIR PRE-ENTRIES

DNA Envelopes: Order deadline Swine, Sheep, Goat &

June 5th June 15th Stevens County Deadline is July 1st Haskell County Deadline is July 3rd

Commercial Heifers

**Kansas State Fair** September 8-17 **Kansas Jr. Livestock Show** Sept. 29- Oct. 1

# **FAIR NOTICE!!**

4-H'ers must be in good standing in order to participate in their local fair.

This includes paying dues, ear tag invoices and attending the necessary amount of meetings, please call your local Extension Office if you are in doubt.

# \*NEW\* 4-H FOODS & NUTRITION RULE FOR FROSTINGS & FILLINGS

**4-H'ers must use the new frosting & filling rules that have been put in place for 2023 fair.** Please see last page for list of acceptable frostings & where to find a complete list of rules.

# DISTRICT CREATIVE COOKS

The **2023 Creative Cooks Contest** will be held on **June 16th** at the **Hugoton High School.**Applications can be found at <a href="https://wildwest.k-state.edu/4-h/">https://wildwest.k-state.edu/4-h/</a> under the Creative Cooks tab. Nancy Honig will be available for questions at the Stevens County Extension Office.

\*Deadline to register is June 9th

#### **POULTRY TESTING!!**

There will be no required blood testing for any poultry for the 2023 Fair year.

#### SW AREA HORSE SHOW

Join us on **June 10th** starting at **9:00 am** in the **Stevens County Fairgrounds Arena**Faith Beesley-Chairperson

\*See Flyer Attached

#### **HORSE WORKNIGHTS**

We will be meeting at the **Stevens County Fairgrounds Arena** at **6:00 pm** on the following Wednesdays:

June 21st & 28th July 5th, 12th & 19th

\*Horseless Horse will be meet on June 21st, more meetings to be scheduled.

\*must be enrolled in Horse Project

### HORSE IDS

Youth wanting to go to the Kansas State Fair will need to attend a qualifying show, get a state form filled out & signed by show management, watch a Horse Safety Video & take a short quiz.

\*Contact Judy Parsons with any questions.

#### **SUMMER INTERN FUN!!**

Be sure to check out the Wild West Facebook page as well as your local 4-H Facebook pages for flyers. You can also call the Extension Office of where the program is at to enroll. Attach is a short version of activities planned for June!

\*\*\*All programs will be held at the local 4-H Buildings. Make sure you are checking locations!

#### INSECT SPECTACULAR

The 2023 Insect Spectacular will be held on June 16-17th in Manhattan & Wamego.

#### **CLOVERBUDS COSMIC CAMP**

\$5 fee is due the day of. Must be enrolled in Cloverbuds to attend.

The Cloverbud Day Camp will be held on June 26th at the Haskell County Fairgrounds

■☆☆ ■ Transportation from Seward & Stevens County will be provided Lunch will be provided.

Register by scanning QR Code by June 2nd

Contact Becki Wright for more information at (620) 277-5950

# RECORD BOOKS... IT'S NEVER TO EARLY TO GET STARTED!

- Set your project goals, so you have a game plan for the rest of the 4-H year. Look for some good resources on our website under 4-H Youth Development; click on record keeping.
- You can also find more information on the State 4-H website under Awards and Recognition; click on local record keeping and project forms.

  Starting now will help a lot during the busy summer when you are preparing for the fair.
- If you have questions ask any of our agents for help.
- Also, if you are working on an achievement pin, check the requirements now to see what is needed while you still have opportunities to meet them.

### **DISTRICT CHOPPED CONTEST**

Join us for the 2nd Annual Chopped Event on July 6th from 9:00 am to 12:00 pm at the Stevens County 4-H Building.

Fee to participate is \$10 for individuals or \$25 for Complete Team of 3 Age Brackets: 7-11 years old & 12 and older

All 4-H youth is encouraged to participate. Enrollment in foods project is not required. Sign up by calling your local Extension Office. Deadline to register & pay is June 26th.

#### SUPERSTAR LIVESTOCK SHOW

The 2nd Annual Superstar Livestock Show will be held on **Saturday**. June 24th in Hugoton.

Follow us on Facebook at Superstar Livestock Show.

Any questions can be directed to Judy Parsons, Ron or Nancy Honig or 4-H'ers Channing Dillinger, or Dalton and Dyson Winfrey.



# KANSAS YOUTH LIVESTOCK

Check out the Animal Science Youth page at <a href="https://www.asi.k-state.edu/extension/youth-programs/">https://www.asi.k-state.edu/extension/youth-programs/</a>

\*Feel free to follow them on Twitter & Facebook to get the latest updates for Kansas Youth Livestock.

# LIVESTOCK SHOW SCHEDULE

DATE	<u>SHOW</u>	<u>LOCATION</u>	<u>SPECIES</u>
6/3	Showdown in Mac Town	McPherson, Ks	Sheep, Goat, Swine
6/3,4	Gavin B Kleyman Memorial Livestock Show	Tribune, Ks	All
6/3,4	Stanton County Livestock Show	Johnson, Ks	All
6/3,4	Sunflower Livestock Showdown	Garden City, Ks	All
6/17	People Pleasers Charity Livestock Show	Lakin, Ks	All

# SUMMER INTERN FUN: JUNE

### \*Programs will be held at your local 4-H Buildings.

\*More information will be on the Wild West Facebook page as well as your local 4-H Facebook pages, or call the Extension Office where the program is at to enroll.

# **PHOTOGRAPHY**

Come to learn the basics! \*Please bring a camera ]

Open to all 4-H'ers ages 7-18

Join us from 2:00-3:30 pm June 6th: Haskell County June 8th: Stevens County



Join us in Seward County
on Tuesdays & Thursdays from
9:00-11:00 am



Grades 3rd-5th
\*No cost to attend

June 13th & 15th June 20th & 22nd June 27th & 29th

### DINO DAY

A fun program to learn about Dinosaurs with games, crafts and activities for 1st-5th graders. Join us on the following dates from 1:30-3:00 pm

\*No cost to attend

June 14th: Haskell County June 21st: Stevens County June 28th: Seward County

#### **STEM**

Join us on the following dates from **1:00-3:00 pm** 

Grades 4th through 7th.
\*No cost to attend

June 13th: Seward County June 15th: Haskell County June 20th: Stevens County June 22nd: Seward County June 27th: Haskell County

June 29th: Stevens County



Join us for special guests in the animal Agriculture Industry and other fun activities.

Students: 6th - 12th grade Fee: \$10: Lunch Included

Join us on any of the following dates from **9:00 am - 3:00 pm** 

June 14th: Haskell County June 23rd: Stevens County June 30th: Seward County

# **CHOOSE HEALTH**

The Food, Fun, and Fitness (CHFFF) program is a hands-on, six-lesson curriculum designed for <u>students</u> in grades 3 through 5 with no cost to attend.

Held from **9:00-11:00 a.m.** at the **Seward County 4-H Building** on the following dates;

June 13 & 15 June 20 & 22 June 27 & 29



# HASKELL COUNTY

#### RABBIT PROJECT MEETING

We will be meeting at the **Haskell Township Library meeting room** on the following dates:



June 15 - 5:00 pm

\*\*making signs for fair

July 20, TBA

\*\*finishing signs for fair if needed

# **BEEF PROJECT MEETING**

Meetings will be held at **5:00 pm** at the **Fairgrounds**.

June 11th: Informational Meeting Only

June 18th: Cattle Showmanship

practice-be sure to bring your animal!

July 16th: Bring your animal for a

Showmanship Refresher \*Clipping if desired.

#### 4-H COUNCIL MEETING

4-H Council will be meeting at the **Extension Office** on **Monday, June 5th at 6:00 pm** 

### HORSE PROJECT MEETING

We will be meeting **at the Arena Fairgrounds.** 

June 8th at 7:00 pm June 17th at 2:00 pm

#### **SHOTGUN PROJECT MEETING**

Meetings will take place on Sundays. Contact your leader, Dan Kunselman, for times & location.

\*must be enrolled in project to participate

# SEWARD COUNTY

# ORNERY OTTERS BARN DANCE & SUPPER FUNDRAISER

Join us on **June 17th** at the **Seward County Ag Building** from **5:00 - 10:00 pm.**\*Supper will start at 5:30 pm.

FEE: 6 & up: \$10
Children 5 and under: Free
\*Tickets may be purchased in advance from any Ornery Otters 4-H Member or may be purchased at the door.

#### **FOODS & NUTRITION MEETING**

We will be meeting at the **4-H Building from 4:00 - 6:00 pm** on the following dates:

Sunday, June 18th (Jars) Sunday, June 25th (Cookies)

Please bring supplies to decorate your jar! \$5.00 -Jars & some supplies provided.

RSVP to Mary Rose at (620)655-1678

#### 4-H COUNCIL MEETING

4-H Council will meet on **July 17th** in the **4-H Building** at **6:00 pm** 

# STEVENS COUNTY FAIR T-SHIRTS

# "FIESTA AT THE STEVENS COUNTY FAIR"

Stevens County 4-H Council would like to congratulate **Kathryn Brown** on her winning design!

- T-Shirts are Sapphire Blue
- T-Shirts will be available to purchase as a pre-order only.
- Money is due by June 15th
   \$10 Children sizes
   \$15 Adult sizes
- Contact the Extension Office for info. (620)544-4359 or stop by 114 E. Fifth St.



# STEVENS COUNTY

#### **PHOTOGRAPHY COMPETITION**

Deadline for photos is August 4th, 2023.

Stevens County 4-H Council will donate a 4-H Calendar to every family in the county for the 2023-2024 4-H year. We will be having a competition to choose the photos that will be featured in the calendar.

So start snapping photos now to have photos of all seasons! This is open to all Stevens County 4-H'ers. Top photos will be selected from a panel of impartial judges.

Deadline for photos is August 4th, 2023.

#### **4-H COMMUNITY SERVICE**

Any Stevens County 4-H'er who is 12 years and older is invited to help paint parking lines at different community churches. There are 2 dates to choose from or come help each time!

from 8:00-11:00 am

RSVP to the Extension Office at

(620)544-4359

### **SWINE PROJECT MEETING**

Join us at the **Fairgrounds** (east of the arena) on **June 20th** at **6:00 pm** 

#### **ARCHERY**

We will be at the Stevens County Fairgrounds at **6:00 pm** on the following dates:

June 1st, 2nd, 12th & 13th

All equipment is provided.
\*Personal equipment must be approved.
\*Must be enrolled to participate

#### **SEWING PROJECT MEETINGS**

Any first and second year 4-H'ers who would like to learn to sew. Contact Nancy Honig by calling the Extension Office at (620)544-4359 or emailing nhonig@ksu.edu

#### YOUTH LIVESTOCK FARM

For the 4-H'ers needing a place to keep their 4-H animals - The Stevens County Fair board has a Youth Livestock Farm available to house 4-H animals.

Contact Tony Martin for more information at (620)544-9342

#### PHOTOGRAPHY PROJECT MEETING

Photography meetings will be at the 4-H Building on June 11th & July 9th at 3:00 pm.

### RABBIT PROJECT MEETING

We will be meeting on **July 11th** at **6:30 pm** in the **4-H Building.** 

### **SHOOTING SPORTS SHOTGUN**

Join us on the following dates:
Friday, July 7th at 6:00 pm at
Dillinger's Farm
Thursday, July 13th at 6:30 pm
Ulysses Gun Club
Saturday, August 5th at 9:00 am
at Dillinger's Farm
\*Must be 11 years old & enrolled in the discipline to participate.

#### 4-H BUILDING DISPLAY

Clubs are in charge of the display in the 4-H building for their assigned two months. Clubs might want to consider making this a committee.

June - Wranglers
July/August - 4-H Council
September/October - Extension Office

# **PLANT SCIENCE MEETINGS**

Meeting will be held at the Extension Office at **7:00 pm** on **June 15 & 29th** 

We will be learning to press crops & weeds.
\*Crop seed ID contest will be held at the
first meeting.

RSVP to Grant Niehues at (620)453-9085

# **FAIR PRE-ENTRIES**

The deadline is July 1st

Stop by the Extension Office for a form or forms can also be found online under Stevens County Fair at

<u>https://wildwest.k-state.edu/county-</u> fairs/index.html

Forms are form fillable, you can email the completed form to morane@ksu.edu or print & turn forms in to the Extension Office.

All forms must be turned in before 5:00 on Friday, June 30th.

#### **Southwest Area 4-H Horse Show**

June 10, 2023 9:00 AM Stevens County Fairgrounds; Hugoton, KS

- 1. Showmanship Senior
- 2. Showmanship Intermediate
- 3. Showmanship Junior
- 4. English pleasure Senior
- 5. English pleasure Intermediate
- English pleasure Junior
- English equitation Senior
- 8. English equitation Intermediate
- 9. English equitation Junior
- 10. Fun Class
- 11. Western Pleasure Senior
- 12. Western Pleasure Intermediate
- 13. Western Pleasure Junior
- 14. Horsemanship Senior
- 15. Horsemanship Intermediate
- 16. Horsemanship Junior
- 17. Reining Senior
- 18. Reining Intermediate
- 19. Reining Junior
- 20. Trail Senior
- 21. Trail Intermediate
- 22. Trail Junior
- 23. Ranch Horse Trail Senior
- 24. Ranch Horse Trail Intermediate
- 25. Ranch Horse Trail Junior
- 26. Ranch Horse Rail Senior
- 27. Ranch Horse Rail Intermediate
- 28. Ranch Horse Rail Junior
- 29. Ranch Horse Pattern Senior
- 30. Ranch Horse Pattern Intermediate
- 31. Ranch Horse Pattern Junior
- 32. Barrel Racing Senior
- 33. Barrel Racing Intermediate
- Barrel Racing Junior
- 35. Flag Racing Senior
- 36. Flag Racing Intermediate
- 37. Flag Racing Junior
- 38. Pole Bending Senior
- 39. Pole Bending Intermediate
- 40. Pole Bending Junior

#### Registration opens at 7:30 am

#### **Entry fees**

\$5 per class or \$25 for whole day Fun Classes are free

#### Awards:

High Points for English, Western, Ranch and Speed in each age division will receive Banners. Ties will be broken with Showmanship placing Points for one horse/one rider Ribbons in each class

#### 4-H Rulebook will be followed

Stalls are available for Friday evening Call Faith Beesley for reservations

#### Negative Coggins required for out of state horses

#### Age Groups:

Senior (14-18) Intermediate (10-13) Junior (7-9)

#### For More Information Contact:

Faith Beesley 620-453-2158 Judy Parsons 620-453-0732

#### State Fair Qualifying Forms available day of show



K-State Research and Extension is committed to providing equal opportunity for participation in all programs, services and activities. Program information may be available in languages other than English. Reasonable accommodations for persons with disabilities, including alternative means for communication (e.g., Braille, large print, audio tape, and American Sign Language) may be requested by contacting the event contact Judy Parsons two weeks prior to the start of the event on June 10, 2023 at (620)544-4359 or judy78@ksu.edu. Requests received after this date will be honored when it is feasible to do so. Language access services, such as interpretation or translation of vital information will be provided free of charge to limited English proficient individuals upon request.

# \*NEW\* 4-H Foods & Nutrition Rule for Frostings & Fillings at the Kansas State Fair

Examples on how to calculate this percentage are included in the publication located at:

https://bookstore.ksre.ksu.edu/pubs/MF3544.pdf

A video explaining how to Calculate Frostings and Fillings is located at:

https://www.youtube.com/watch?v=Sl5oOУB155M&t=4s

#### Vanilla frosting

1 cup (200 g) Vegetable shortening

1 tablespoon (12 g) vanilla

½ teaspoon (3 g)salt

8 cups (960) powdered sugar

½ cup (122) water, milk, or dairy-free milk substitute Total weight 1297 g % of sugar (960/1297) x 100 = 74%

#### Vanilla frosting

½ cup (100 g) Vegetable shortening

½ cup butter (113.5 g)

2 teaspoons vanilla extract (8 g)

8 cups (960) powdered sugar

½ cup (122) water, milk, or dairy-free milk substitute

Total weight 1303.5 g % of sugar (960/1303.5) x 100 = 73.6%

#### **Chocolate Frosting**

½ cup butter (113.5 g)

3 cups powdered sugar (390 g)

1/3 cup milk (59 g)

1 teaspoon vanilla extract (4 g)

Total Weight 559.5 % sugar (360/559.5) =64.4%

#### German Chocolate frosting \*

1 cup (252 g) evaporated milk

3 egg yolks (60 g)

1 cup sugar (200 g)

½ cup butter (113.5 g)

1 tsp vanilla (4 g)

 $1 \frac{1}{2}$  cups (150 g) flaked coconut

1 cup (125 g) chopped pecans

Total weight 904.5 % of sugar (200/904.5) x 100 = 22.1%

- In a 2-quart saucepan, stir the 3 egg yolks, 1 cup sugar, 1/2 cup butter, the evaporated milk and 1 teaspoon vanilla until well mixed.
- Cook over medium heat for about 12 minutes, stirring frequently, until thick and bubbly.
- Stir in the coconut and pecans.
- Cool for about 30 minutes, beating occasionally with a spoon, until mixture is spreadable.
- \* Because this frosting is cooked and the liquid is reducing considerably, its ratio become an appropriate proportion to use for shelf stable frosting.