

APRIL 2024

4-H NEWSLETTER

Wild West District #18

Office Hours 9:00 am - 5:00 pm
Closed over Lunch 12:00 - 1:00 pm

Haskell Office
(620) 675-2261
503 S. Fairgrounds Rd.
Sublette, KS 67877

Seward Office
(620) 675-5604
1081 Stadium Rd.
Liberal, KS 67901

Stevens Office
(620) 544-4359
114 E. 5th St.
Hugoton, KS 67951

Meet the Staff



- Kristin Penner:** Director..... pennerkr@ksu.edu
- Judy Parsons:** 4-H Youth Development..... judy78@ksu.edu
- Bev Schnellbacher:** Haskell County OP..... bschnel@ksu.edu
- Jade Greene:** 4-H Youth Development jsgreene@ksu.edu
- Pat Burt:** Agriculture & Natural Resources..... paburt@ksu.edu
- Summer Stafford:** Family & Community Wellness.... summerstafford@ksu.edu
- Jane Eisenhauer:** SNAP-Ed..... jeisenha@ksu.edu
- Ana Aguilar:** Seward County OP..... aaguilar@ksu.edu
- Nancy Honig:** Aging/Youth Development..... nhonig@ksu.edu
- Ron Honig:** Agronomy/Horticulture..... rhonig@ksu.edu
- Evelyn Moran:** Stevens County OP..... morane@ksu.edu

Connect Online
www.wildwest.ksu.edu

Find us on Facebook @ Wild West District

Kansas State University Agricultural Experiment Station and Cooperative Extension Service
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| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|--|---|--|--|-----------|---|
|  | 1 SR. SCHOLARSHIPS DUE FOR STEVEN AND SWARD Stevens Co. Wranglers Haskell Co. Cloverleaf | 2 | 3 | 4 | 5 | 6 Seward Co. Beef Weigh in |
| 7 ALL PROJECT LEADERS ZOOM | 8 Seward Co. Otters | 9 Stevens Co. Cloverbuds Seward Co. Wide Awake | 10 Haskell Co. Spring Show meeting Haskell Co. Cloverbuds Stevens Co. Entomology Stevens Co. Buffalo Boosters | 11 | 12 | 13 JR ACHIEVEMENTS TRIP TO HUTCHINSON |
| 14 Haskell Co. Victory Club Meeting | 15 Stevens 4-H Council & Jr Leader Meeting GAS CAPITAL LIVESTOCK SHOW MEETING SR. SCHOLARSHIPS DUE FOR HASKELL | 16 Stevens Co. Heartland | 17 Seward Co. Cloverbuds | 18 SAINTS SHOWCASE LIVESTOCK JUDGING CONTEST RECORD BOOK TRAINING | 19 | 20 Haskell Co. Small Animal Weigh in Haskell Co. Fair Setup |
| 21 | 22 Stevens Co. Cloverleaf Cowboys | 23 | 24 | 25 Stevens Co. Small Animal Weigh in | 26 | 27 Stevens Co. Small Animal Weigh in Stevens Co. Fair Set up |
| 28 SUPERSTAR LIVESTOCK ZOOM MEETING | 29 Haskell Co. Spring Show meeting | 30 |  | | | |

- 4/1Sr. Scholarships are due for Stevens and Seward
- 4/1Pre Entries due for Gas Capital and Haskell County Spring Show
- 4/6Beef Weigh-In- Seward Co. 9:00 am-10:00 pm
- 4/7 All Project Leader Zoom at 8:00 pm
- 4/10Entomology Meeting in Stevens Extension office at 3:45 pm
- 4/10Haskell Cloverbuds
- 4/10Haskell County Spring Show Meeting at 6:00 pm
- 4/13 District Jr Achievements Trip to Hutchinson
- 4/14Haskell Victory Club meeting
- 4/15 Sr. Scholarships are due for Haskell
- 4/15Gas Capital Livestock Show Meeting at 6:00 pm
- 4/15Stevens 4-H Council & Jr Leader Meeting
- 4/17Seward Clover buds
- 4/18SCCC Saints Showcase Livestock Judging Contest
- 4/18Record Book Training in Hugoton at 6:00 pm
- 4/20Last day to order Market Beef DNA envelopes for State Fair
- 4/20Small Animal Weigh-In-Haskell 8:00 am to 12:00 pm
- 4/20Haskell Co. Fair Setup at 10 am
- 4/25 Small Animal Weigh-In-Stevens 4:00 pm to 7:00 pm
- 4/27Small Animal Weigh In-Stevens 9:00 am to 12:00 pm
- 4/27Steven County Fair Set Up at 12:00 pm
- 4/28SuperStar Livestock Show Meeting at 8:00 pm
- 4/29Haskell County Spring Show Meeting at 6:00 pm
- Coming up in May 2024*
- 5/1Last day to Add/Drop a project.
- 5/1Market Beef nominations due/DNA envelopes postmarked
- 5/4-5Shooting Sports Training at Rock Spring Ranch
- 5/4Gas Capital Livestock Show in Hugoton
- 5/5Haskell County Show in Sublette
- 5/7Seward small animal weigh-in 5-6 pm
- 5/8Haskell County 4-H Council
- 5/19Project Leader Zoom Meeting at 8:00 pm
- 5/20Seward County 4-H Council in Liberal at 6:00 pm
- 5/26SuperStar meeting - zoom 8 pm
- Coming up in June 2024*
- 6/1Rabbit ID Papers are due
- 6/1Horse ID paper due in county offices
- 6/3SuperStar Livestock Show Setup 6 pm
- 6/8SuperStar Livestock Show

DISTRICT



Fundraising and Grants- What you need to know

Treasurers, Club Leaders, and Project Leaders we would like to bring some rules and guidelines to your attention about raising money for your clubs or projects (not on an individual basis). First and foremost, if your club or project is planning a fundraiser or planning to apply for a grant you **MUST** inform the local extension office before making an announcement. This ensures that we do not have multiple fundraising events going on at the same time as well as, providing information as to what the money will be used for. If we become aware of the fundraiser or grant after the fact your club or project may have to forfeit that money. The Wild West District Board is accountable for all funds generated for Extension programs which include 4-H.

Below are two links that will give you more guidance on raising funds for your club

1. <https://www.kansas4-h.org/4-h-programs/clubs/strengthening-clubs-1/docs/fundraiser-guidelines.pdf>
2. https://www.ksre.k-state.edu/employee_resources/county_district_financial_resources/Principles%20of%20Managing%20Funds%20of%20Affiliated%20Groups%200723.pdf

If the club or project leaders have any further questions feel free to contact Kristin, Judy, or Jade.

SAVE THE DATE: RECORD BOOK TRAINING

Record training on April 18, at 6:00 p.m. at the Stevens County Extension Office.

ALL District Families are encouraged to attend.

Note: Please bring an electronic device such as a laptop, iPad, phone, etc



BEEF WEIGH IN

Seward County Fairgrounds

- April 6th from 9:00 - 10:00 am

**Breeding Animals may be weighed if desired*



SMALL ANIMAL WEIGH IN

Seward County Fairgrounds

- May 7th from 5:00 - 6:00 pm

**** All Market Animals will need to be weighed and tagged on the appropriate day for your County. If you cannot make it that day please contact Jade Greene ASAP at jsgreene@ksu.edu ****

All tags must be **paid** for the day of tagging!

State Fair EID Tag \$5

Stevens County Ear Tag \$1.50

You must be an **approved 4-H Member** before tagging day and **entered** into the corresponding project

Please see page 8 for important dates

INTERESTED IN BECOMING A SHOOTING SPORTS INSTRUCTOR?

We are looking for instructors for several disciplines including shotgun, archery, air pistol, etc. Certification training and recertification for all disciplines will be May 4-5 at Rock Spring Ranch. **The registration deadline will be April 1st.**

Please contact **Ron Honig** or **Judy Parson** for more information.

Judy Parsons at judy78@ksu.edu or **Ron Honig** at rhonig@ksu.edu

DISTRICT

STATE SHOOTING

SHOOTING SPORTS CONTEST DATE

April 20 - State Match BB Gun, Air Rifle & Air Pistol; Great Bend

4-H SHUTTERBUG PHOTOGRAPHY WORKSHOP

Check out the 4-H Shutterbug Photography Workshop Flyer in Page 6

ALL PROJECT LEADER ZOOM

ALL PROJECT Leaders Zoom meeting on Sunday, April 7th at 8:00 PM.

Judy Parsons will be giving ALL Project Leaders Important information to help our 4-H Clubs THRIVE! Leaders should have received an email with details. If you would like to put something on the agenda to discuss contact Judy at (620) 453-0732 or at judy78@ksu.edu

SUPERSTAR LIVESTOCK ZOOM MEETING

SuperStar live stock Zoom meeting on Sunday, April 28th, at 8:00 P.M.

Open to the whole district. Zoom link:

<https://ksu.zoom.us/j/97339099773pwd=UytoMWJNRWdlakcwUWLYVWQwNE9QQT09>

For questions contact Jade Greene at jsgreene@ksu.edu

The next SuperStar Livestock Show Zoom meeting will be on May 26th at 8:00 P.M.

DISTRICT WEBSITE

Be sure to check out our District Website for up-to-date information.
<https://wildwest.k-state.edu/>

SAINTS SHOWCASE LIVESTOCK JUDGING

Thursday, April 18, 2024

Individuals are \$15 and Groups are \$50

Deadline: April 12, 2024

Contact Jade Greene at jsgreene@ksu.edu
Go to page 9 for more information and the flyer

GRAND DRIVE

September 6-8 Kansas Grand Drive

Check out these websites for more information:

<http://bit.ly/ksunominations>

<https://www.kansasstatefair.com/p/competitions/grand-drive-25th-anniversary>

Go to page 8 for flyer with dates

KJLS DATES

September 27-29 KJLS

Check out these websites for more information:

<http://www.kjls.net/>

Go to page 8 for flyer with dates

INCOGNITO: INSECTS IN DISGUISE

The K-State Research and Extension Pesticide Safety and IPM program is hosting an insect-themed art contest for Kansas 4-H'ers, art students, and adults. This year's theme is "Incognito: Insects in Disguise," and encourages participants to explore how and why insects camouflage or imitate.

Participants are encouraged to submit a drawing, painting, or 3-D artwork (sculpture, stained glass, or other media) featuring a real-life insect that can camouflage. There are five age categories in which 1st - 3rd place will be awarded:

Kindergarten - 2nd grade

3rd grade - 5th grade

6th grade - 8th grade

High school

Adult

Entries must be postmarked before April 15, 2024.

To view flyers go to page 9



COMMUNITY CLUB LEADER ZOOM

Sunday, May 19th at 8:00 PM.

Judy Parsons will be giving all club leaders Important information to help our 4-H Clubs THRIVE! Club leaders should have received an email with details. If you would like to put something on the agenda to discuss contact Judy at (620) 453-0732 or at judy78@ksu.edu

DISTRICT

4-H LEADERSHIP DAY: YOGOWYPI

April 27th, 2024 from 10 Am to 12:30 PM.

Transportation will be provided to the first 12 from the District. Register now by calling the K-State Research Extension Office at (620) 544-4359.

For Flyer please go to page 7

DISTRICT JR. ACHIEVEMENTS TRIP

Congratulations to the Jr. Achievements Trip Winners!
Saturday, April 13, 2024

Youth will be going to Hutchinson to visit Stratataca (salt mines) and the Cosmosphere.

DISCOVERY DAYS

When: June 5-8 in Manhattan (KSU Campus)

Who: Youth Ages 13-18 before January 1, 2023, are invited!

Cost: \$225 - Some Class sessions may have additional fees associated

For more information visit: <https://www.kansas4-h.org/events-activities/conferences-events/discovery-days/index.html>

Registration Starts March 20, 2024!

Don't forget to check out The Discovery Day Sessions Catalog on the website.



WILD ADVENTURES CAMP

When: June 12-14

Who: Ages 10-13

Go to Page 10 for Flyer



CAMP LAKESIDE

When: June 10-11

Who: Ages 7 to 9

Go to Page 11 for Flyer



Registration Deadline will be May 1, for Wild Adventures Camp and Camp Lakeside.

If you are interested in becoming a Camp Counselor contact Judy Parson at judy78@ksu.edu or Jade Greene at jsgreene@ksu.edu

HASKELL COUNTY

SPRING SHOW MEETING

Join us at the Haskell County Extension Office at 605 Fairgrounds St. for our Spring show meeting on April 10th at 6 pm.

Our next meeting will be April 29th at 6:00 pm.
For questions contact Jade Greene at jsgreene@ksu.edu
Pre Entries are due April 1st.

4H COUNCIL MEETING

4-H council's next meeting will be held on May 8, 2024 at the Haskell County Extension Office.

If you have any questions feel free to email: Judy Parsons at judy78@ksu.edu

CLOVERBUDS



Cloverbuds is for kids who are 5-6 years old as of January 1, 2024. Meetings will be held every **2nd Wednesday of the Month** at the **Extension Office**.



Cloverbuds next meeting will be held on **April 10 th** from 4:00-4:45 pm.

If you have any questions feel free to email: Judy Parsons at judy78@ksu.edu or Kristin Penner at pennerkr@ksu.edu



SEWARD COUNTY



CLOVERBUDS

Cloverbuds is for kids who are 5-6 years old as of January 1, 2024. Meetings will be held every 3rd Wednesday of the Month at the 4-H Building.

Cloverbuds next meeting will be on April 17th from 4:00-4:45 pm.

Any questions feel free to email:

Jade Greene at jsgreene@ksu.edu or Judy Parsons at judy78@ksu.edu



4H COUNCIL MEETING

The meeting will be at the Seward County 4-H Building on May 20th at 6:00 pm.

If you have any questions feel free to email: Judy Parsons at judy78@ksu.edu

RADA FUNDRAISER

Reminder: The annual Rada Fundraiser will be from MARCH 15 to April 30th!

STEVENS COUNTY

GOAT MEETING

Want to learn more about Goats?

Come by, April 2nd at 5:30 pm at the Steven County 4-H building for a Goat Meeting by Channing Dillinger.



YOUTH LIVESTOCK FARM

The Stevens County Fair Board Youth Livestock Farm is open to any 4-H'ers needing to house their 4-H market or breeding animals - Contact Tony Martin for more information at (620)544-9342

ENTOMOLOGY MEETING

Are you interested in Bugs? If so join us at Steven Co. Extension Office on April 10th, 2024, at 3:45 PM. 114 E 5th St, Hugoton



PHOTOGRAPHY MEETING

Our next meeting will be April 21st at 4:00 PM. The meeting will be held at the Hugoton City Park for a SCAVENGER Hunt.



CLOVERBUDS

If you know any children 5-6 years old as of January 1, 2024, we invite them to join our Cloverbuds program. Meetings won't start until November, enrollment is open. Cloverbuds will meet at the Extension Office from 4:00 - 4:45 pm on Tuesday, April 9th

If you have any questions feel free to contact:

Andreia Moore @ andirosemoore@gmail.com or Kendra Hermreck @ khermreck07@gmail.com



GAS CAPITAL COMMITTEE

April 15th at 6:00 PM.

Gas Capital committee meeting at the Steven County Extension Office at 114 E 5th Street in Hugoton

For questions contact Jade Greene at jsgreene@ksu.edu

Pre Entries are due April 1st

FAIR GROUND SET UP

Saturday, April 27nd at 12:00 pm, We will be setting up the Fairground Arena for the County Fair. We need lots of help(including adults) to get everything set up. We will begin at noon immediately following the small weigh-in. Please come and help, many hands make for quick and light work!

SEWING LESSONS - ONE ON ONE WITH NANCY HONIG

Are you new to sewing or interested in learning? We have sewing machines in the Extension Office and can teach you the basics of using a machine and using patterns.

*You will complete at least one item that can be entered into the fair.

Set up some lessons with Nancy Honig at the Extension Office (620)544-4359 or email nhonig@ksu.edu



4-H SHUTTERBUG PHOTOGRAPHY WORKSHOP



**SATURDAY, MAY 4, 2024
GARDEN CITY, KS.**



**LEE RICHARDSON ZOO
FINNUP CENTER FOR CONSERVATION EDUCATION**



Who Should Register: 4-H Photography Members interested in learning more about their camera and photography skills or using your phone to take great pictures. Family members may attend as well. Parents - learn along with your kids! Get a head start on your photography project!



What to Bring:

Smartphone or Camera, extra batteries,
SD Card if checking out a camera



Workshop Topics:

Kaleidoscopes, Move those bars,
Pan Blurs, Creating a story & More



Time:

Doors open at 8:30; Workshops begin at 9:00 and concludes at 12:00.

Cost:

No charge to attend! Event is sponsored by the State 4-H Photography Committee.

Bonus:

Cameras will be available for checkout! Please bring an SD card so you can take your photos with you.

Accommodations:

K-State Research and Extension is committed to providing equal opportunity for participation in all programs, services and activities. Accommodations for persons with disabilities may be requested by contacting the event contact, Amy Collins, two weeks prior to the start of the event at 785-532-5800 and acollins@ksu.edu. Requests received after this date will be honored when it is feasible to do so.

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4-H LEADERSHIP DAY: THE YOGOWYPI EXPERIENCE! WITH BILL CORDES

A FOCUS ON LEADERSHIP AND SELF-WORTH

CHECK OUT: WWW.YOGOWYPI.COM TO LEARN ABOUT OUR SPEAKER

APRIL 27TH, 2024

10AM-12:30PM

**EVENT LOCATION:
GRAY COUNTY FAIR GROUNDS
17002 W HWY 50, CIMARRON, KS**

SPONSORED BY GRAY COUNTY 4-H AND
WALNUT CREEK DISTRICT 4-H

K-STATE
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PIONEER



ACTION FOR ALEX



NW 4-H Advisory Daycamp

K-STATE RESEARCH AND EXTENSION IS COMMITTED TO PROVIDING EQUAL OPPORTUNITY FOR PARTICIPATION IN ALL PROGRAMS, SERVICES, AND ACTIVITIES. REASONABLE ACCOMMODATIONS FOR PERSONS WITH DISABILITIES MAY BE REQUESTED BY CONTACTING GRAY COUNTY EXTENSION OFFICE AT 620-855-3821.

Event is for **4-Hers in 6th -12th grades** and 4-H volunteers.

\$10/4-Her or Volunteer. Registration Due to Local Counties by April 19, 2024

Name: _____ Grade: _____

Age: _____ Circle One: Male Female

Extension County/District: _____

Address: _____

City, State, Zip: _____

Parent/Guardian: _____

Home #: _____ Cell #: _____

Food Allergies: _____

GRAND DRIVE & KJLS IMPORTANT DATES

| | |
|----------------------|---|
| April 20 | Last Day to Order Beef DNA Envelopes |
| May 1 | Market Beef Nominations Due Online & DNA Postmarked |
| June 5 | Last Day to Order Small Livestock DNA Envelopes |
| June 15 | Small Livestock Nominations Due Online & DNA Postmarked -Market Swine, Commercial Breeding Gilt -Market Lamb, Commercial Breeding Ewe -ALL Meat Goat (Market & Breeding) |
| | Commercial Heifer Nominations Due Online & DNA Postmarked |
| | Registered Breeding Heifer Papers in Exhibitor's Name |
| | Registered Breeding Gilt Papers in Exhibitor's Name |
| July 1 | Registered Breeding Ewe Papers in Exhibitor's Name |
| July 15 | Kansas State Fair Grand Drive Entry Deadline |
| July 25 | Kansas State Fair Grand Drive Late Entry Deadline |
| August 15 | KJLS Entry Deadline |
| August 25 | KJLS Late Entry Deadline |
| Sept. 6 - 8 | Kansas State Fair Grand Drive |
| Sept. 27 - 29 | KJLS |

*All market animals must be nominated to be eligible for either show, regardless of breed or gender.

**All commercial breeding females must be nominated to be eligible for either show.

***Registered breeding females must be in the exhibitor's name by the appropriate date to be eligible for either show. Refer to show rules for details.

****All meat goats, including market, commercial breeding does, and registered breeding does must be nominated to be eligible for either show.

INCOGNITO: INSECTS IN DISGUISE

2024 INSECT ART CONTEST



The Kansas State Pesticide Safety and IPM Program is hosting an insect-themed art contest!

This year's theme is "Incognito: Insects in Disguise." The goal is to explore how and why insects camouflage.

Participants of all ages are welcome to submit a work of art featuring an insect that can camouflage.

How to Enter: Fill out an entry form and send with your insect artwork by **April 15, 2024**

See full rules and details at:
<https://www.ksre.k-state.edu/pesticides-ipm/>



CATEGORIES

- Illustrates a real life insect
- 3-D (sculpture, stained glass, or other media)

AGE GROUPS

- Kindergarten - 2nd Grade
- 3rd Grade - 5th Grade
- 6th Grade - 8th Grade
- High School
- Adults

2024 SAINTS SHOWCASE LIVESTOCK JUDGING CONTEST

Thursday, April 18th

Divisions

- **Placings** (8-10 classes, 0 reasons) - *No age split*
- **Junior Reasons** (8-10 classes, 2 reasons) - *8th grade and younger*
- **Senior Reasons** (8-10 classes, 4 reasons) - *High School Age*

Entry Information

- \$15/individual
- \$50/team
- Due April 12th

For contest rules, questions or to register contact
Jade Greene at jsgreene@ksu.edu



GET WILD AT CAMP LAKESIDE

JUNE 10-11, 2024

What Will You Do?

Hike, Swim, Fish, S'mores, Build Lifelong Friendships & more!

Camper Age (on Jan 1): 7-9 years of age

Counselor Age (on Jan 1): 14-18 years of age

FEE: \$110

INCLUDES MEALS, ACTIVITIES & T-SHIRT

2024 CAMP LAKESIDE REGISTRATION

FORM CAN BE FOUND:

[HTTPS://FORMS.GLE/FVNNHVRF8QEMSB67](https://forms.gle/FVNNHVRF8QEMSB67)

**Registration deadline and payment due to
the Extension office is May 1st.**

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4-H
GROWS HERE

GET WILD AT CAMP LAKESIDE



June 12-14, 2024

What Will You Do?

Hike, Swim, Fish, S'mores, Build Lifelong Friendships & more!

Camper Age (on Jan 1): 7-9 years of age

Counselor Age (on Jan 1): 14-18 years of age

FEE: \$210

**INCLUDES MEALS, ACTIVITIES & T-SHIRT
2024 CAMP LAKESIDE REGISTRATION
FORM CAN BE FOUND:**

[HTTPS://FORMS.GLE/GR1LU45NU4S62WD9A](https://forms.gle/GR1LU45NU4S62WD9A)

**Registration deadline and
payment due to the Extension
office is May 1st.**

**Lots of FUN and
EXCITING things at
this new camp for
older kids!!!**



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4-H
GROWS HERE

ROCK SPRINGS RANCH

The camp offers a variety of sessions including mini-camp, half-week and full-week sessions, teen leadership programs, and specialty camps.

Families and young people who are excited to attend the 4-H camp at Rock Springs Ranch this summer can start to secure their spots.

Transportation will be provided from Dodge City. There is a cost of \$25 per camper to use transportation. This includes transportation both ways, a meal upon arrival, and a meal prior to departure from camp.

Find out more at
<https://www.rockspringsranch4hcamp.org/>



Half-Week Sessions: (Rising 3rd-12th graders)

- Session #1: June 2-5
- Session #2: June 5-8
- Session #4: June 16-19
- Session #5: June 19-22
- Session #7: June 30-July 3



Week-long Sessions: (Rising 3rd-12th graders)

- Session #3: June 9-14
- Session #6: June 23-28
- Session #8: July 7-12

Mini Camp Session: (Rising 1st-3rd Graders)

July 14-16

Leaders in Training (LIT): (Rising 10th-11th graders)

- Session #1: June 9-14
- Session #2: June 23-28

Counselors in Training (CIT): (Rising 12th graders)

- Session #1: June 9-14
- Session #2: June 23-28
- Session #3: July 7-12



Specialty Camps: (Rising 6th to 9th graders)

- Ranch Camp: June 9-14
- Shooting Sports Camp: June 23-28

Family Camp: (All ages are welcome!)

- Session #1: May 17-19
- Session #2: August 9-11



WILD WEST DISTRICT #18

RESEARCH AND EXTENSION

APRIL 2024

MARCH RECAPS

PRESIDENT LINTON AND HIS TEAM SPECIAL VISIT

The Wild West District was happy to host K-State's President Linton and his team this week in Seward County for a special visit full of productive discussions about educational opportunity, economic development, student engagement, and local food systems! Thank you to all involved and the team for making the trip out to Southwest Kansas!



COTTON PRODUCTION WORKSHOP

Thank you to American Implement of Hugoton and Oklahoma State Extension for sponsoring the event with us!

The workshop covered fertility, weed management, entomology, irrigation management, and understanding the cotton stripper. We also want to thank the Cotton Board and PCCA for speaking on Cotton Inc. and the cotton market outlook.

Picture by Laura Duran



OGALLALA AQUIFER SUMMIT

District Director Kristin Penner, along with agents Summer Stafford, Ron Honig, and Pat Burt served as facilitators for the 2024 Ogallala Aquifer Summit held in Liberal on March 18th and 19th. This meeting provided an opportunity for the participants to come together to try to work on solutions to help preserve the Ogallala Aquifer. Kansas Governor Laura Kelly and Kansas Senator Jerry Moran addressed the participants on the first day of the summit. The next summit will be held in 2027

SEWARD COUNTY FARM BUREAU'S FARM EDUCATION DAY!

Extension agents Nancy Honig, Judy Parson, and Jade Greene helped at the Seward County Farm Bureau's Farm Education Day! Nancy presented to Seward County kindergarten and 1st graders on whole grains and nutrition.

Thank you Seward County Farm Bureau and Seward County Community College for hosting this excellent learning for our youth!



BABY SITTING CLINIC

We had a full day at our Seward County Babysitting Clinic! Students learned many valuable skills in child care, including safety, food preparation, play techniques, diapering, feeding, basic CPR and First-Aid, and SO much more! A huge thanks to Meade County EMS for providing an awesome curriculum and trainers!



WILD WEST DISTRICT #18 RESEARCH AND EXTENSION

LEARN MORE WITH K-STATE RESEARCH AND EXTENSION APRIL 2024



WALK KANSAS
March 31 - May 25
 Registration Opens March 4
Making Healthy Habits Stick

K-STATE | Walk Kansas | WalkKansas.org
 Research and Extension

Wild West District Extension

Weekly Blogs
<https://blogs.k-state.edu/wildwestdistrict/>
 Visit our Wild West Weekly Blogs posted every Wednesday

DCF and SNAP-ED Information
https://www.k-state.edu/ks-snaped/?_gl=1*vhhkrx*_gcl_au*Njc0NTE5MTA5LjE3MDQyMjQ5MDI

K-State Research and Extension Book Store
<https://bookstore.ksre.ksu.edu/>
 Our bookstore is full of books on Health, Food, Insects, Livestock, Economics, Gardening, and more



ADHD PARENT SUPPORT GROUP

- What is ADHD?
- What are the signs of ADHD?
- How can I be of support to my child?
- Where can I get information?
- Are there any treatment options?
- Where do I Start?



Every 3rd Wednesday of the month
 Upcoming Meeting April 17 at 6:30 pm
 4-H Building at 1081 Stadium Road Liberal, Ks.

Contact Summer Stafford at 620-624-5604 or register at www.eventbrite.com/e/adhd-support-group-tickets-791286588487

The Teenage Brain: A Work in Progress

Join Wild West Extension District FCS Agent Nancy Honig as she explores how research on the teenage brain can help adults better understand teen behavior and respond positively as parents.

March 13th -6:15 pm; Haskell Township Library
 March 19th -6:30 pm; Dudley Township Library
 April 4th -6:30 pm; Stevens County Library

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For questions call the Stevens County Extension Office (620)544-4359 or email Nancy Honig at nhonig@ksu.edu

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