



AN 8-WEEK HEALTHY LIFESTYLE CHALLENGE!

# WALK KANSAS

March 28 - May 22, 2021

Gather your team of six or go solo this year.

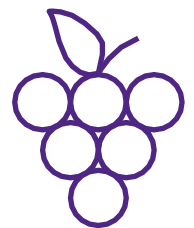
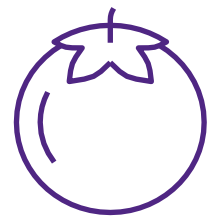
**Register by March 28<sup>th</sup>.**

Register online at [WalkKansas.org](http://WalkKansas.org) or by contacting your local K-State Research and Extension office. Register under “W” for Wild West District.

## Wild West District Extension Office

Kylee Harrison, Community Vitality Agent  
620-624-5604

Nancy Honig, Adult Development & Aging  
Agent 620-544-4359



# K-STATE

Research and Extension

Walk Kansas