

JULY

2023

4-H Newsletter

Wild West District #18

Office Hours 9:00 am - 5:00 pm
Closed over Lunch 12:00 - 1:00 pm

Haskell Office
(620) 675-2261
503 S. Fairgrounds Rd.
Sublette, KS 67877

Seward Office
(620) 675-5604
1081 Stadium Rd.
Liberal, KS 67901

Stevens Office
(620) 544-4359
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Hugoton, KS 67951

Meet the Staff

- Kristin Penner:** Director.....pennerkr@ksu.edu
- Judy Parsons:** 4-H Youth Development.....judy78@ksu.edu
- Bev Schnellbacher:** Haskell OP.....bschnel@ksu.edu
- Jade Greene:** 4-H Youth Developmentjsgreene@ksu.edu
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Connect Online
www.wildwest.ksu.edu

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<i>July</i>					1 Stevens Co. Pre-Entry Deadline Haskell Co. Horse
2	3	4	5 Horse Worknights Stevens Co.	6 Chopped Contest	7 Stevens Co. Shotgun	8 Haskell Co. Horse
9 Seward Co. Shotgun Haskell Co. Cloverleaf Stevens Co. Photography	10	11 Seward Co. Archery Stevens Co. Rabbit	12 Record Book Help Horse Worknights Stevens Co.	13 Seward Co. Archery Stevens Co. Shotgun	14	15 Haskell Co. Horse
16 Seward Co. Shotgun Haskell Co. Beef	17 Seward Co. 4-H Council	18 Seward Co. Archery	19 Haskell Co. Style Revue Horse Worknights Stevens Co.	20 Seward Co. Archery Stevens Co. Fashion Revue Haskell Co. Rabbits	21	22
23 Seward Co. Shotgun ← ←	HASKELL COUNTY FAIR WEEK STEVENS COUNTY FAIR WEEK					29 Seward Co. Pre-Entry Deadline → →
30 Seward Co. Qualifying Match	31					

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Seward Co. Archery	2	3 Seward Co. Archery	4 Stevens Co. Photos Due	5 Stevens Co. Shotgun
6	7	8	9	10	11	12
← SEWARD COUNTY FAIR WEEK →						
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31	<i>August</i>	

DISTRICT

Welcome Summer Stafford,

Summer started June 12th. She will be based in the Seward County Office

FAIR NOTICE!!

4-H'ers must be in good standing in order to participate in their local fair.

This includes paying dues, ear tag invoices and attending the necessary amount of meetings, please call your local Extension Office if you are in doubt.

NEW 4-H FOODS & NUTRITION RULE FOR FROSTINGS & FILLINGS

4-H'ers must use the new frosting & filling rules that have been put in place for 2023 fair.

Please see last page for list of acceptable frostings & where to find a complete list of rules.

RECORD BOOK HELP!

Judy Parsons will be in the Stevens County Extension Office on **Wednesday, July 12th** to help anyone who may need help with their record book. Stop by with your electronic device **anytime from 9:00 am - 4:00 pm**. If you need help or would like to schedule a group training contact Judy at judy78@ksu.edu

HORSE WORKNIGHTS

We will be meeting at the **Stevens County Fairgrounds Arena** at **6:00 pm** on the following Wednesdays:

July 5th, 12th & 19th

All district youth is encouraged to attend!

***must be enrolled in Horse Project**



POULTRY TESTING!!

There will be no required blood testing for any poultry until 2027

OKC WATERSPORTS TICKETS

Wild West 4-H families we have **17 tickets available for RiverSport Water Adventure Park in Oklahoma City**. Unfortunately, the Intermediate Achievement trip there was rained out and issued refund tickets to use later.

*Tickets original cost was \$80 but we are **offering them for \$40 each!***

The RiverSport plus package offers 2 raft trips, lockers, express lines, whitewater and flatwater kayak, sky slides, climbing and more. You can go to riversportokc.org to check it out. This would be a great family adventure after the fairs are over!

We will sell any combination of number of tickets until they are gone. Contact Nancy at the Stevens County Extension Office if you are interested at (620)544-6787 or nhonig@ksu.edu.

RECORD BOOKS... IT'S NEVER TOO EARLY TO GET STARTED!

4h.zsuite.org

- **Set your project goals**, so you have a game plan for the rest of the 4-H year. *Look for some good resources on our website under 4-H Youth Development; click on record keeping.*
- You can also find more information on the **State 4-H website under Awards and Recognition**; click on **local record keeping and project forms**.
- If you have questions call your local Extension Office
- **Also, if you are working on an achievement pin, check the requirements now to see what is needed while you still have opportunities to meet them.**

HASKELL COUNTY

CLOVERLEAF 4-H CLUB TOUR

Join us on **July 9th** starting at **3:00 pm** at the **4-H Building**.

BEEF PROJECT MEETING

July 16th at 5:00 pm at the Fairgrounds.
Bring your animal for a Showmanship Refresher
*Clipping if desired.



RABBIT PROJECT MEETING

We will be meeting at the **Haskell Township Library meeting room** on the following dates:

July 20, TBA

**finishing signs for fair if needed

DAY CAMP

4-H Council & the Interns will be holding a day camp on **July 11th** from **9:30 am to 2:30 pm**.

*Call the Extension Office for more information or to register.

HORSE PROJECT MEETING

We will be meeting **at the Arena Fairgrounds on the following Saturdays** at **9:30 am**.

**July 1st
July 8th
July 15th**

For more information contact Kenzy at (620)453-0509



SEWARD COUNTY

4-H COUNCIL MEETING

4-H Council will meet on **July 17th** in the **4-H Building** at **6:00 pm**

SHOTGUN PRACTICES

We will be meeting on the following **Sundays at 1:00 pm**

**July 9th
July 16th
July 23rd**

State Qualifying Match on July 30th

For more information contact Lesley at (620)655-2888 or Greg at (620)417-6738

ARCHERY PRACTICES

We will be meeting on the following **Tuesdays & Thursdays at 5:30 pm**

**July 11th & 13th
July 18th & 20th
July 25th & 27th
August 1st & 3rd**

Fair Shoots on Tuesday, August 8th & Thursday, August 10th

For more information contact Lesley at (620)655-2888 or Calvin at (734)417-1414

FAIR PRE-ENTRIES

Fair Pre-Entry Deadline is July 28th

STEVENS COUNTY

PHOTOGRAPHY COMPETITION

Deadline for photos is August 4th, 2023.

Stevens County 4-H Council will donate a 4-H Calendar to every family in the county for the 2023-2024 4-H year. ***We will be having a competition to choose the photos that will be featured in the calendar.***



So start snapping photos now to have photos of all seasons! This is open to all Stevens County 4-H'ers. Top photos will be selected from a panel of impartial judges.

Deadline for photos is August 4th, 2023.

SEWING PROJECT MEETINGS

Any first and second year 4-H'ers who would like to learn to sew. Contact Nancy Honig by calling the Extension Office at (620)544-4359 or emailing nhonig@ksu.edu

YOUTH LIVESTOCK FARM



For the 4-H'ers needing a place to keep their 4-H animals - The Stevens County Fair board has a Youth Livestock Farm available to house 4-H animals.
Contact Tony Martin for more information at (620)544-9342

PHOTOGRAPHY PROJECT MEETING

Photography meetings will be at the **4-H Building on July 9th at 3:00 pm.**

RABBIT PROJECT MEETING

We will be meeting on **July 11th at 6:30 pm** in the **4-H Building.**



SHOOTING SPORTS SHOTGUN

Join us on the following dates:

Friday, July 7th at 6:00 pm at Dillinger's Farm

Thursday, July 13th at 6:30 pm Ulysses Gun Club

Saturday, August 5th at 9:00 am at Dillinger's Farm

**Must be 11 years old & enrolled in the discipline to participate.*



***NEW* 4-H Foods & Nutrition Rule for Frostings & Fillings at the Kansas State Fair**

Examples on how to calculate this percentage are included in the publication located at:

<https://bookstore.ksre.ksu.edu/pubs/MF3544.pdf>

A video explaining how to Calculate Frostings and Fillings is located at:

<https://www.youtube.com/watch?v=SL5oOYB155M&t=4s>

Vanilla frosting

1 cup (200 g) Vegetable shortening
1 tablespoon (12 g) vanilla
½ teaspoon (3 g) salt
8 cups (960) powdered sugar
½ cup (122) water, milk, or dairy-free milk substitute
Total weight 1297 g % of sugar $(960/1297) \times 100 = 74\%$

Vanilla frosting

½ cup (100 g) Vegetable shortening
½ cup butter (113.5 g)
2 teaspoons vanilla extract (8 g)
8 cups (960) powdered sugar
½ cup (122) water, milk, or dairy-free milk substitute
Total weight 1303.5 g % of sugar $(960/1303.5) \times 100 = 73.6\%$

Chocolate Frosting

½ cup butter (113.5 g)
3 cups powdered sugar (390 g)
1/3 cup milk (59 g)
1 teaspoon vanilla extract (4 g)
Total Weight 559.5 % sugar $(360/559.5) = 64.4\%$

German Chocolate frosting *

1 cup (252 g) evaporated milk
3 egg yolks (60 g)
1 cup sugar (200 g)
½ cup butter (113.5 g)
1 tsp vanilla (4 g)
1 ½ cups (150 g) flaked coconut
1 cup (125 g) chopped pecans
Total weight 904.5 % of sugar $(200/904.5) \times 100 = 22.1\%$

- In a 2-quart saucepan, stir the 3 egg yolks, 1 cup sugar, 1/2 cup butter, the evaporated milk and 1 teaspoon vanilla until well mixed.
- Cook over medium heat for about 12 minutes, stirring frequently, until thick and bubbly.
- Stir in the coconut and pecans.
- Cool for about 30 minutes, beating occasionally with a spoon, until mixture is spreadable.

* Because this frosting is cooked and the liquid is reducing considerably, its ratio become an appropriate proportion to use for shelf stable frosting.